

Schools Team

Team Leaders: Jessica Colvin, MPH, MSW and Rachel Farac

COMPLETED:

- ✓ Establish school-based wellness collaborative to support the implementation of activities outlined in Strategy #6
- ✓ Establish Training and Education Workgroup to provide recommendations for trainings to be implemented at various levels (community, school, professional, etc.)

IN PROGRESS:

- Provide **recommendations** for, and support implementation of, **SP trainings** for faculty, staff, on campus providers and students
- Develop **recommendations** around adopting evidence based Tier 1 (eg, mindfulness, SEL)
- Develop standardized **recommendations** and guidelines for school districts and schools to implement coordination of services teams to streamline referral process and increase access to mental health supports for students
- Provide school districts and schools with **mini-grants** to implement youth-led suicide prevention and mental health awareness activities (May, September)

Trainings: Students, Faculty, Providers

K-12 STUDENTS	FACULTY	MENTAL HEALTH PROVIDERS
ELEMENTARY		
<ul style="list-style-type: none"> • Yellow Ribbon • Sandy Hook 	<ul style="list-style-type: none"> • Keenan • Kognito • Living Works START 	<ul style="list-style-type: none"> • Upcoming trainings • Self Harm and Suicide Prevention. Training (TUHSD)
MIDDLE		
<ul style="list-style-type: none"> • Sandy Hook • Signs of Suicide (SOS) • Kognito 	<ul style="list-style-type: none"> • Keenan • Kognito • Living Works START 	<ul style="list-style-type: none"> • Upcoming trainings • Self Harm and Suicide Prevention. Training (TUHSD)
HIGH SCHOOL		
<ul style="list-style-type: none"> • Signs of Suicide (SOS) • Kognito • AFSP Talk Saves Lives • Question, Persuade, Refer (Digital) 	<ul style="list-style-type: none"> • Keenan • Kognito • Living Works START 	<ul style="list-style-type: none"> • Upcoming trainings • Self Harm and Suicide Prevention. Training (TUHSD)

Schools Team Feedback

- What guiding principles should we be thinking about for training students, educators and mental health providers?
- Equitable
- Accessible
- Inclusive
- Culturally affirming
- Supportive
- Evidence-based
- Comprehensive
- Cost effective
- Sustainable
- Interactive

Schools Team Updates

- **1. Training and Outreach:** What are your plans for (cost, no cost)...
 - Students
 - Faculty
 - Mental Health Providers
- **2. Screeners and Risk Assessment:** What are you using for mental health screeners and Suicide Risk Assessment (cost, no cost)
- **3. Suicide Prevention Policies:** What is your school's policy for prevention, intervention and postvention?

Schools Team Updates

Align and support Marin Schools Wellness Collaborative

- Presented at the Effective and Efficiency meeting
- Share and disseminate suicide prevention information together to the Collaborative and Districts about trainings and events