

Marin County Suicide Prevention Collaborative: Schools Team Meeting September 22 at 9 am

In attendance: Robby Franceschini, Kara Connors, Jessica Colvin, Lydia Velasco-Mayock, Michelle Cortez, Janet Jamesson, Christina Hetzer, Sandra Ramirez, Lisa Leavitt, Stan Collins, Alaina Cantor, Michele Woodbury, Erin Sheedy, Randine Josephson, Kate Ruehle

Time	Topic	Discussion	Next Steps/Who	Timeline
9:00-9:15	Name, organization and what brings you to this work.	<p>Emotion-ary Activity. Jessica led the group through ice-breaker combining 2 emotion words that we are feeling during this time, to make a new word to create an emotionary!</p> <p>In attendance: Robby Franceschini, Kara Connors, Jessica Colvin, Lydia Velasco-Mayock, Michelle Cortez, Janet Jamesson, Christina Hetzer, Sandra Ramirez, Lisa Leavitt, Stan Collins, Alaina Cantor, Michele Woodbury, Erin Sheedy, Randine Josephson, Kate Ruehle</p>		
9:15-9:25	Team structure, roles, responsibilities	<p>o Review the structure of the Marin Schools Wellness Collaborative and this Team. We discussed that the “Schools Team” is a “sub-group” of the MSWC which is named in the County Suicide Prevention Strategic Plan and will help carry out the goals/objectives of suicide prevention plan. Many members of the Schools Team are part of the MSWC. This will help to avoid duplicating efforts and increase communication and coordination. Our team will meet monthly.</p> <p>o Seeking Co-Chair. This involves agenda setting, co-facilitating, tracking progress, follow up and making connections with the other teams around common areas. Please email jcolvin@tamdistrict.org if you are interested in being a co-chair on the "Schools Team"</p>	Seeking co-chair of team with Jessica. Contact Kara with your interest.	October
9:25-9:55	School’s training and review of Tiers 2-3	<p>What is Tier 1, 2 & 3? Michelle Cortez helped answer this question:</p> <ul style="list-style-type: none"> o Tier 1—provides intervention to ALL, effective for 80% of students o Tier 2 – Clubs, programs/classes for kids who need additional support about 15-20% of students o Tier 3---Intensive 1:1 support <p>What suicide prevention trainings are happening in your districts? North Marin Community Services provided 2-3 trainings for faculty, students</p>	<p>Training: Team members may want to take this free training for providers include: https://healthknowledge.org/course/index.php?categoryid=104</p> <p>Kara and Stan to finalize the understanding of the available</p>	October-November

		<p>using SafeTalk by Living Works. Funded by Healthy Novato. Buy in through Kognito</p> <p>Shoreline: Doing a little bit of everything for parents, students, faculty and staff. Tier 1 was MHFA. Tier 2, would like to learn more about Sings of Suicide and Tier 3, would like ASIST and conduct suicide risk assessment.</p> <p>Tam: Jessica indicated doing Wellness Check-ins with all 9th graders, but not suicide risk screening specifically. Poster Campaigns: Not Alone and Hope Hotlines, + Resources shared by Superintendent to families. Hosted parent education on SP in September. Used Keenan online program for staff but now using Kognito in 20-21. Change it up each year: Kognito Friend2Friend being implemented for students</p> <p>Robby indicated they are interested in Kognito and use SOS now. In Fall, they are concerned about getting false positives because of the time and not getting accurate results. Postpone until after January to get a “read” and then provide more targeted outreach with information.</p> <p>Jessica shared free training for providers include: https://healthknowledge.org/course/index.php?categoryid=104</p> <p>Jessica conducted demos: Kognito Friend2Friend, SOS.</p> <p>Stan indicated that Kognito can often support Kognito, so it doesn’t always have to be one or the other, but both.</p> <p>Kara mentioned free license with Living Works that is provided by Office of Education in San Diego for a certain number of faculty and students in Marin.</p> <p>The group discussed risk assessments. Alaina indicated that NMCS utilizes for 12+ Safe-T with Columbia Risk Assessment.</p>	<p>free licenses for Living Works that would be provided to a certain number of faculty and students in Marin County.</p> <p>Jessica and Kara create inventory of what districts are doing for training/education and risk assessment with/at MSWC. Team will review.</p> <p>The Team will continue discussing Columbia Screener. Please review: Columbia Risk Assessment https://cssrs.columbia.edu/wp-content/uploads/C-SSRS-Brochure-for-Education-1.pdf</p>	
10 am	Close	<p>Meeting on 10/20:</p> <ul style="list-style-type: none"> • Follow up on trainings for staff, parents and students and finalize recommendations. 		

		Meeting on 11/17: <ul style="list-style-type: none">• Plan roll out and support for recommendations to schools and districts		
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Schools Tier 1-3 Interventions:

