

Creating a Safe School Community for Those in Distress: The Marin County Suicide Prevention Collaborative Schools Team

February 23 at 9 am

Jessica Colvin, MPH, MSW

Tam Wellness Director – Tam District and Schools Team Co-Lead

(jcolvin@tamdistrict.org)

Rachel Farac

Suicide Prevention Collaborative Member and Team Leader

(rfarac@gmail.com)

Kara Connors, MPH

Senior Program Coordinator for Suicide Prevention - Marin County BHRS

(kconnors@marincounty.org)



SUPPORT



UNITY



TRUST



EXCELLENCE



Introduce yourself and your organization and then answer:

Would you rather be able to see 10 minutes into your own future or 10 minutes into the future of anyone but yourself?

Agenda

- Review of our goals
- School Mental Health Provider training
 - March 5 and March 12 training and feedback session
 - Proposal from Well Beyond Academics
- Schools Suicide Risk Assessment Advisory Team
- Recommendations for trainings
- Next steps

2021 Goals

- Present recommendations to the Collaborative
- Pre-planning for and launch of Mental Health Provider Program
- Develop/finalize mental health screening and risk assessment tools.
Create advisory team
- Create Care Coordination advisory team (Fall 2021)
- Partner with MCOE and Wellness Collaborative on training opportunities and outreach goals for Spring 2021 and 2021-2022 school year. Continue to track/coordinate collective effort.
- Review postvention protocol with Postvention Team for LOSS Team Model. Launch in September.

Mental Health Provider Training Proposal

- Proposal has been submitted by Well Beyond Academics. In review now with meeting on Friday.

SUICIDE AND SELF HARM PREVENTION & INTERVENTION FOR SCHOOL MENTAL HEALTH:

A Training and Feedback Session for School-based Mental Health Providers

During this training and feedback session, you will:

- Understand the spectrum of safety issues related to self-harm and suicide
- Understand warning signs
- Learn how the adolescent developing mind impacts risk
- Gain skills to assess risk and create a safety plan
- Increase your knowledge about community resources and supports
- Consider protocol and documentation recommendations
- Provide input and feedback on the training content

Questions?

BHRSPreventionandOutreach@marincounty.org



Facilitated by:

Jessica Colvin, MSW, MPH, PPSC
TUHSD Wellness Director
Founder of SWELL Schools Well

Select One Date and Register Here:
[March 5th at 10:00 am to 12:00 Noon](#)
[March 12th at 10:00 am to 12:00 Noon](#)

Fulfills CA AB 2246 suicide prevention training for staff.



Schools Suicide Risk Assessment Team

- Scope of work for the Schools Suicide Risk Assessment Team:
 - Collect and assess current suicide risk assessment tools that exist across schools in Marin County
 - Develop one tool that reflects best practice to be used across schools in Marin County
 - Meet 4 times in March 2021 (Four 90 minute sessions)
 - Recruit (people with mental health backgrounds who have conducted assessments before)
 - Begin in March

Recommendations

- In process to be shared at upcoming Collaborative meeting
- Benefits, drawbacks, concerns, cost

Group Discussion

What questions, concerns, ideas or recommendations do you have for our Team?



Next Steps:

- Wellness Collaborative Meeting: February 25 at 8 am
- SP Collaborative Meeting: March 3 at 2 pm
- Mental Health Provider Training: March 5 and March 12
- Next Schools Team meeting: March 23 at 9 am
- Safety Planning Training: TB