

# Creating a Safe School Community for Those in Distress: The Marin County Suicide Prevention Collaborative Schools Team

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# Agenda

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- Check in
- Update on the Schools Risk Assessment Team
- Signs of Suicide (SOS) programming for interested districts by BHRS
- Outcomes from the Mental Health Provider training
- Innovations Peer Support proposal
- Next steps

# Schools Suicide Risk Assessment Team

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## Scope of work for the Schools Suicide Risk Assessment Team:

- Collect and assess current suicide risk assessment tools that exist across schools in Marin County
- Develop one tool that reflects best practice to be used across schools in Marin County
- Held our first meeting. Additional times in April 2021 (Four 90 minute sessions)
- Recruited (people with mental health backgrounds who have conducted assessments before)
- Timeline: Launch new tool by September with training

# Mental Health Provider Training Updates

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- Conducted two trainings 3/5 and 3/12
- Feedback from participants
  - Include elementary
  - Scenarios
  - Include specific content on groups disproportionately impacted
  - Re-entry protocol
  - Safety planning
- Proposal has been submitted by Well Beyond Academics and approved.
- Date of launch, TBD

# Signs of Suicide: MS and HS



## Empowering the School Community

SOS reaches the people students are most likely to turn to in a time of crisis – their friends. All students are equipped to ACT if they are experiencing a behavioral health crisis or are thinking about suicide. Teachers and school staff also receive training to support students in need while reaching out to parents and community members as partners in prevention.



# Peer Innovations Proposal

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- BHRS Innovations Grant
- MCOE, Peer Wellness Ambassadors in grades 6-12 in all Marin County schools.
- Ambassadors receive training in wellness and mental health and tools to connect peers with resources (eg., Mental Health First Aid).
- Helps address mental health capacity both short and long term
- Be more unified in our collective approach
- MCOE Wellness Coordinator to implement across districts and students
- Focus on underserved student populations (eg., newcomers, LGBTQ, students of color)
- Enhance and foster a Community of Practice among those are doing this work and others who may not be doing this work
- Three year grant; start with five schools and then expand.
- Share lessons learned among cohorts

# Other School Updates

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## LUNCH WORKSHOPS FOR WELLNESS WEEK AT NOVATO HIGH



Monday March 29th, 12:30-1:30pm  
Tuesday March 30th, 12:30-1:30 pm

# Group Discussion

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- What questions, concerns, ideas or recommendations do you have for our Team?
- Role of Schools Team = advisory capacity
  - Schools Wellness Collaborative continues



# Next Steps:

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- SP Collaborative Meeting: April 7 at 2 pm
- Mental Health Provider Training Development
- Next Schools Team meeting: April 27 and May 25
- May Mental Health Month: Safety Planning May 20